

“Chemical Free” Cleaning Recipes

Option 1:

½ cup Distilled White Vinegar
12-24 drops Eucalyptus Essential Oil
½ cup Water
Mix/Shake well in a colored bottle.
Shake with each use

Option 2:

¼ - ½ cup Distilled White Vinegar
2 tablespoons Baking Soda
12-24 drops Eucalyptus Essential Oil
½ cup water or enough to fill the colored spray bottle
Mix/Shake well
Shake with each use

Additional Uses for Eucalyptus Essential Oil

- Add several drops to laundry water to control dust mites in clothing and bedding
- Use ½ teaspoon in 1 pint water for a natural bug repellent for plants. Shake/Mix well before using.
- Disinfectant Cleaner - mix 1.5 ounces with 1 quart of water in a spray bottle.
 - 20% solution of eucalyptus and water sprayed in the air will kill 70% of airborne staph bacteria.
 - Shake well before each use.
- For fleas...add a few drops to pet's bath water or shampoo.
- For spas, bathtubs & hot tubs: add a few drops to the water and clean with it to prevent bacteria.
- Sticky, gooey residue: apply a few drops and wipe. (Avoid direct skin contact)
- To help keep family well during flu season:
 - Add a few drops to furnace filter every week
 - Add a few drops to the vacuum bag or filter
 - Add a few drops to bath water

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