

**SALAD 1**

Frozen Peas 400 g  
Celery 250 g  
Yellow Wax Beans 350 g  
Frozen Mixed Vegetables (Peas, Carrots, Green Beans, Corn) 400 g  
Frozen Diced Green Peppers (or 2 medium green peppers diced.) 350 g  
Bok Choy (Chopped) 300 g  
Kale 850 g  
Papaya (chopped) 900 g  
Frozen Mixed Berries (Blackberries, Blueberries, Raspberries) 400 g

\*\*\*\* For Substitutions\*\*\*\*

Green Beans could substitute for yellow wax beans. Kiwi, mango, and melon chunks could substitute for papaya. Watercress and Arugula could substitute for the kale. Bok Choy could substitute for the cabbage. Dragon fruit could substitute for Passion fruit, Cactus fruit.

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**SALAD 2**

Cabbage 500 g  
Celery 500 g  
Frozen Mixed Vegetables (Peas, Carrots, Green Beans, Corn) 800 g  
Cilantro 150 g  
Parsley 300 g  
Dandelion Greens (Chopped) 300 g  
Watercress 150 g  
Gala Apples (chopped,skin on)1200g

\*\*\*\* For Substitutions\*\*\*\*

Green Beans could substitute for yellow wax beans. Kiwi, mango, and melon chunks could substitute for papaya. Watercress and Arugula could substitute for the kale. Bok Choy could substitute for the cabbage. Dragon fruit could substitute for Passion fruit, Cactus fruit.

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**SALAD 3**

Frozen Peas 400 g  
Kale 800 g  
Frozen Mixed Vegetables (Peas, Carrots, Green Beans, Corn) 400 g  
Yellow Wax Beans 350 g  
Cucumber (skin on, wash well) 300 g  
Bok Choy (Chopped) 500 g  
Frozen Mixed Berries (Blackberries, Blueberries, Raspberries) 400 g  
Gala Apples (chopped,skin on) 250 g  
Cantaloupe or Tuscan Melon (Deseeded and rind removed) 500 g

\*\*\*\* For Substitutions\*\*\*\*

Green Beans could substitute for yellow wax beans. Kiwi, mango, and melon chunks could substitute for papaya. Watercress and Arugula could substitute for the kale. Bok Choy could substitute for the cabbage. Dragon fruit could substitute for Passion fruit, Cactus fruit.

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**SALAD 4**

Pears or Apples (cored & deseeded) 400g  
Frozen Mixed berries (Black Berries, Blueberries, Raspberries) 400g  
Kiwi and/or Passion Fruit, Cactus Fruit 400g  
Green Beans (frozen or fresh) 350g  
Frozen Peas 400g  
Frozen Mixed Vegetables 200g  
Beets 200g  
Butternut Squash 300g  
Any combination chopped seasonal greens (collards, mustard, turnip, watercress) 800g

\*\*\*\* For Substitutions\*\*\*\*

Green Beans could substitute for yellow wax beans. Kiwi, mango, and melon chunks could substitute for papaya. Watercress and Arugula could substitute for the kale. Bok Choy could substitute for the cabbage. Dragon fruit could substitute for Passion fruit, Cactus fruit.

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**SALAD 5**

Berries (i.e. blackberries, blueberries, raspberries) 300 g  
Apple 250g  
Pear 250g  
Green pepper 500g  
Peas 450g  
Frozen Mixed Veg 450g  
Mushrooms 300g  
Broccoli 500g  
Kale 500g  
Bok Choi 500g

\*\*\*\* For Substitutions\*\*\*\*

Green Beans could substitute for yellow wax beans. Kiwi, mango, and melon chunks could substitute for papaya. Watercress and Arugula could substitute for the kale. Bok Choy could substitute for the cabbage. Dragon fruit could substitute for Passion fruit, Cactus fruit.

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**Why do you need a specific mixture to feed your sugar gliders?**

-Critter Love® has the extreme pleasure of working with one of the top Animal Nutritionists in the field.

-Together they have performed mineral testing on both the food products and on the sugar gliders themselves. When testing the sugar gliders, we had different groups on different salad mixtures. These tests showed how very important it is to have the proper mixtures in a salad for the overall health of our pet sugar gliders.

-The mineral testing on the group of sugar gliders that followed our recommended mixtures showed to be successful and healthy. The mineral testing on the sugar gliders that did not follow the recommended mixtures showed to have nutrients lacking. Both sets of sugar gliders gave the 'appearance' of being in great health with bright eyes, gorgeous coats and healthy appetites and activity levels.

-They have sat down and worked on changing our mixtures to offer a larger variety than what we had offered previously, while maintaining the proper nutrient profile.

-If you are feeding ANY of the Critter Love® Staples, Critter Love® Original, Critter Love® Plus, Critter Love® Complete & Critter Love® Breeders Formula (all formerly known as HPW diets) they should be fed alongside one of our Critter Love® salad mixtures. Serving size is 2 Tablespoons (24g) per glider to be fed alongside your choice of a Critter Love® staple. Please follow preparation instructions per each salad choice. www.SpinZoneGlobal.com